



Depression im Alter (German Edition)

Kathrin Kiss-Elder

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Essay aus dem Jahr 2003 im Fachbereich Psychologie - Klinische u. Gesundheitspsychologie, Psychopathologie, Note: keine, psynnovate GbR (psynnovate GbR), 6 Quellen im Literaturverzeichnis, Sprache: Deutsch, Abstract: Der Anteil älterer Menschen wächst kontinuierlich. Damit wächst auch ein Bewusstsein für Lebensqualität im Alter. Alter und Alterserscheinungen werden nicht mehr einfach hingenommen, sondern zunehmend als veränderbar, gestaltbar erlebt. Der Leidensdruck wird höher, die Leidensbereitschaft wird geringer, glücklicherweise. Um erfolgreich zu altern, braucht es offenbar vor allem vier Qualitäten:

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