



90 respuestas a 90 preguntas (Spanish Edition)

Martha Alicia Chávez

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Un auténtico botiquín para el alma, ni más ni menos. Las preguntas básicas que todos nos hacemos ante las cosas de la vida, es decir, ante todo tipo de experiencias, situaciones y problemas de nuestra existencia diaria, son respondidas por la autora de *Tu hijo, tu espejo* en este nuevo y provechoso libro. Quienes son padres, quienes forman una pareja, y todas las personas que desean superarse, encontrarán en las palabras de Martha Alicia Chávez una sabia y valiosa guía para ser adaptada a sus propias circunstancias. Siempre con ese estilo claro, amable y convincente que la caracteriza y le ha ganado cientos de miles de lectores, sus 90 respuestas son tan amplias y profundas como lo exige cada tema. De este modo contesta interrogantes esenciales que nos hacemos sobre nuestros hijos: desde por qué los niños se chupan el dedo, no quieren comer o tienen pesadillas, hasta asuntos delicados como la masturbación de los adolescentes o el riesgo actual que corren de consumir drogas, respondiendo, asimismo, otras muchas preguntas relacionadas con la conducta infantil y los valores familiares. También incluye elocuentes respuestas a la problemática más común dentro de las relaciones de pareja (comunicación, dinero, celos, infidelidad, etcétera), o conmovedoras reflexiones acerca de sus asuntos tan importantes para todo el mundo como son el perdón, el manejo de la ira, la envidia, la superación del miedo y cómo podemos cambiar lo negativo en positivo. Y eso justamente es este libro: totalmente positivo y, por lo tanto, imprescindible como instrumento de consulta en todos los hogares.

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