



La ambición femenina (Spanish Edition)

NÚRIA GIBERT CHINCHILLA, CONSUELO LEON LLORENTE

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Cómo re-conciliar TRABAJO y FAMILIA

¿Son compatibles las exigencias del éxito profesional con una vida familiar satisfactoria y plena? ¿Hay alternativas a las largas y agotadoras jornadas de trabajo que hace tan difícil ejercer a conciencia el papel de madre? ¿Es posible evitar el dilema trabajo/vida personal?

La re-conciliación del trabajo y la familia es hoy una ambición de hombres y mujeres de todo el mundo desarrollado. Superadas ya las viejas batallas feministas por el voto, la igualdad legal, el acceso a la educación, la independencia económica dentro del matrimonio y la participación en la vida pública y política, el reto se plantea ahora en este frente más sutil: lo tenemos todo, pero ¿a qué precio?

Nuestro mundo mantiene hoy barreras invisibles que impiden a la mujer desarrollar su ambición femenina de forma integral y convertirse en verdadero agente de cambio en su vida personal, familiar, social y profesional. La rutina imperante, la estructura empresarial, la ausencia de complicidad masculina y, en ocasiones, la mujer misma son los obstáculos mayores. Es precisamente a las mujeres ejecutivas a quienes les corresponde un papel destacado en la eliminación de esas barreras.

Este libro recoge las últimas investigaciones sobre trabajo y familia, analiza los avances realizados en Europa y Estados Unidos, presenta reveladores testimonios y nos ofrece sugerencias clave para que el cambio sea real y satisfactorio para todos.

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