



The Man with the Beautiful Voice: And more Stories from the Other Side of the Couch

Lillian Rubin

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The Man with the Beautiful Voice: And more Stories from the Other Side of the Couch Lillian Rubin
Beautifully crafted stories of psychotherapy-told for the first time from the perspective of the therapist

In her long career as a psychotherapist, acclaimed author Lillian Rubin occasionally encountered patients who demanded a very special, even unorthodox, therapeutic approach. For the first time, Dr. Rubin tells the stories of her most fascinating, most challenging case, 'from the other side of the couch,' focusing not just on the patient, but on her own inner process as she confronts the issues each case raises. Each of the seven stories she tells is a moving journey into the human psyche, from the secret life of 'The Woman Who Wasn't' or the extreme regression of 'The White Hat' to the smoldering rage of 'The Man with the Beautiful Voice.' Through these captivating tales, and in a thought-provoking introduction, Dr. Rubin illuminates the process of therapy and how it works, especially when rules need to be bent or even broken. For anyone who has been in therapy, or even wondered what happens behind those tightly sealed doors, this book offers a gift of insight.

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