



# **Barefoot on Coral Calcium: "An Elixir of Life" Health Secrets of the Coral of Okinawa**

*Robert R. Barefoot*

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This book is novel, new, controversial and thought provoking. Based on thirty years of personal research, Robert R. Barefoot, a renowned chemist, presents a powerful argument for the wide-ranging health benefits of marine coral minerals (coral calcium) from Okinawa, Japan. Steeped in mystery, folklore, credible testimonials and emerging science, this book describes how coral remnants collected from the Okinawan ocean floor provide a powerhouse of versatile health benefits of coral minerals and calcium from Okinawa, Japan, when they are used as a dietary supplement.

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