



# Becoming a Marriage and Family Therapist: From Classroom to Consulting Room

*Eugene Mead*

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## **Becoming a Marriage and Family Therapist: From Classroom to Consulting Room** Eugene Mead

*Becoming a Marriage and Family Therapist* is a practical "how to" guide designed to help trainee therapists successfully bridge the gap between classroom and consulting room. Readers will learn how to apply empirically-based methods to the core tasks of therapy in order to improve competency, establish effective supervision, and deliver successful client outcomes.

- A practical guide to improving competency across the core tasks of therapy, based on over 40 years of observation and teaching by an internationally acclaimed author
- Presents treatment protocols that show how to apply therapy task guidelines to a range of empirically-supported marriage and family treatments
- Provides extended coverage on assessing and beginning treatment with crisis areas such as suicidal ideation, and family violence with children, elders, and spouses
- Suggests how supervisors can support trainees in dealing with crisis and other challenging areas, to build competence and successful delivery

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