



Curar las contracturas (Spanish Edition)

Marpez Callegari

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¿Le falta energía?

¿Su vida le aburre?

¿Siente que podría ser mucho más de lo que es?

¿Quiere disfrutar del placer de estar vivo?

¿Quiere vivir más y mejor?

Entonces, este libro es para usted ya que es una puerta que le permitirá entrar a una nueva vida plena de vitalidad y salud.

Cada tensión y contractura de su cuerpo representa un cúmulo de energía vital estancada. El resultado: estrés, enfermedades psicosomáticas, desequilibrios psicológicos y emocionales. Termine ya con todo esto. Aprenda las técnicas explicadas de manera sencilla en estas páginas y el cambio se producirá en un instante.

El instante en el cual usted se decide a cambiar.

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