



Happiness and Virtue Beyond East and West: Toward a New Global Responsibility

Bernice Lerner, Osamu Nakayama

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Happiness and Virtue Beyond East and West presents an important series of essays from Japanese and American authors examining essential virtues shared by both Eastern and Western cultures with the ultimate goal of allowing happiness to be realized in a globally and socially responsible manner.

Each chapter examines one of nine virtues—Courage, Justice, Benevolence, Gratitude, Wisdom, Reflection, Respect, Responsibility and Temperance—and the importance of each in our lives.

With clarity of purpose the essays demonstrate that the virtues and happiness that living a good life can bring know no national boundaries. It is the sincere hope of the editors and authors that this book will help its readers reexamine the timeless question of what constitutes true happiness and a good life and will therefore play some part in increasing international cooperation and good will.



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