



Lass die Pfunde purzeln - ohne Diät (German Edition)

Brutom Mutuma

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Tatsachen- und Erlebnisbericht zum Thema:

- Übergewichtige als fette Beute für Horden von Diäterfindern
- Diäten noch und noch – bis zum Kollaps
- Neues Lebensgefühl durch dauerhaftes Normalgewicht
- Prävention gegen Übergewicht

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