



Gracious Wild: A Shamanic Journey with Hawks

Stacey L. L. Couch

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Gracious Wild is the story of Stacey Couch's incredible journey out of the mundane world of science and reason into the vast shamanic realms of creativity and inspiration. Readers will travel on this intimate exploration of what happens when one woman allows the messengers of nature to guide her. These winged guides wrap her mind up in the mysteries they present, leading her to a richer, more fulfilling life.

Stacey's tale begins on an isolated island where, as a scientist, her main responsibility is to care for a couple dozen foxes in captivity. As a result of a series of ecological tragedies, the fox population is on the verge of extinction and a novel hawk species begins nesting on the island for the first time in recorded history. It is during her time watching the nesting hawks alone in nature that her real quest begins—a series of hawks become her guides; rousing life's biggest questions like "why am I here?"

Gracious Wild weaves Stacey's relationship with the hawks alongside her study of shamanism with a good deal of information included for those seeking more details about this spiritual path.

Stacey's belief is, "that wild animals are trying to speak and interact with us every day. To listen to them is to listen to that which is divine within each of us. Their calls mirror our own inner calling to a greater purpose."

Gracious Wild offers a vivid and candid tale of a woman who loses then rewrites the meaning of her life at the same time showing readers their own humanity; how being open to spirit messages from animals can provide important and beneficial (life-changing) guidance.

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Richard Smith:

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Wilma Blue:

People live in this new day of lifestyle always try and and must have the free time or they will get great deal of stress from both way of life and work. So , if we ask do people have extra time, we will say absolutely yes. People is human not a robot. Then we inquire again, what kind of activity do you possess when the spare time coming to anyone of course your answer will unlimited right. Then do you try this one, reading guides. It can be your alternative in spending your spare time, often the book you have read is usually Gracious Wild: A Shamanic Journey with Hawks.

Derek McCaleb:

Playing with family in a very park, coming to see the water world or hanging out with good friends is thing that usually you could have done when you have spare time, after that why you don't try matter that really opposite from that. 1 activity that make you not experience tired but still relaxing, trilling like on roller coaster you have been ride on and with addition details. Even you love Gracious Wild: A Shamanic Journey with Hawks, it is possible to enjoy both. It is great combination right, you still want to miss it? What kind of hangout type is it? Oh seriously its mind hangout men. What? Still don't understand it, oh come on its known as reading friends.

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