



Mi amiga la serpiente (Crecimiento personal) (Spanish Edition)

José Ruiz

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- Obra en la que el autor repasa momentos clave de su vida y nos inspira con las enseñanzas que aprendió de ellos.
- Eminentemente positiva, nos invita a reflexionar sobre nuestra vida y renovarnos completamente, como la serpiente al cambiar de piel.
- Su mensaje gustará a lectores de Don Miguel Ruiz, con quien el autor coescribió El Quinto Acuerdo.

Toda vida es un viaje. Don José Ruiz, hijo del mítico nagual mexicano Miguel Ruiz, llega con su libro más potente y personal: un compendio de historias, anécdotas y relatos de su propia vida que ejercen el efecto de poderosas lecciones de un maestro chamán. Intercalando todo tipo de relatos -desde fábulas toltecas hasta leyendas budistas- con episodios de su propia biografía y enseñanzas de su familia, Don José Ruiz comparte un viaje vital cuyos aprendizajes y experiencias resonarán con fuerza en el lector. El secreto de este libro consiste en que, a través de sus historias, el maestro nagual consigue saltarse las barreras del intelecto y adentrarnos, mediante la intuición y la imaginación, en los misterios de la sabiduría tolteca: el engaño de la mente, el poder de la intención, la magia de la voluntad. Un delicioso camino de iniciación, de los desiertos mexicanos a los templos sagrados de la India, al final de cual tal vez seamos vencer los apegos que nos limitan y, como la serpiente, dejar a nuestro viejo yo atrás.

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