



Ricette Lampo, Cucina Vegetariana (Italian Edition)

Renzo Samaritani

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Chi non ha molto tempo o pazienza da dedicare alla cucina apprezzerà questo semplice e pratico manuale di ricette, che consente di sviluppare un numero notevole di varianti dei piatti più tradizionali della cucina vegetariana. Le spiegazioni sono chiare e molti segreti e trucchi sono svelati, per rendere facile e piacevole la preparazione dei pasti quotidiani e dei menu per le grandi occasioni.

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