



Compositions aromathérapeutiques originales: vivre - mettre au monde - mourir, avec les huiles essentielles (French Edition)

Ingeborg Stadelmann

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Depuis plus de quinze ans, la sage-femme et aromathérapeute Ingeborg Stadelmann crée ses Original Aromamischungen (Compositions aromathérapeutiques originales).

Toutes les compositions sont présentées ici d'une manière détaillée, depuis l'Allgäuer Föhn-Öl / Huile de l'Allgäu contre le Foehn, une huile bienfaisante en cas de maux de tête ou de météorosensibilité, en passant par la Rose-Teebaum-Essenz / Essence Rose-Mélaleuque qui cicatrise les plaies, l'huile Sprachlos / Stupéfaction accompagnant un deuil, jusqu'à celle Zyklus-Laune / Pour ces Jours Difficiles, qui soulage en cas de sautes d'humeur prémenstruelles.

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