



Sarah Vaughan Is Not My Mother: A Memoir of Madness

MaryJane Thomson

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Sarah Vaughan Is Not My Mother: A Memoir of Madness MaryJane Thomson

At nineteen MaryJane Thomson seemed to have it all. Intelligent, creative and beautiful, she was destined for a bright future. But a nightmare of delusions and hallucinations was unfolding. She dropped out of university, turned to drugs, and spent years in and out of psych wards, police cells, drug hangouts and on the streets. In this heartbreaking but ultimately hopeful memoir of her life six years on, she takes you inside her world of schizophrenia and bipolar disorder, and vividly describes what it is like to live with voices in your head, to lose your freedom, and to despair of ever being well again.

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