



# While We Wait: Spiritual & Practical Advice for Those Trying to Adopt

*Heidi Schlumpf*

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Adoption is a beautiful event, and building a family through adoption is a loving and selfless act. But the decision to adopt and the many stages that follow are often pock-marked with tears, distress, anger, and disappointment. *While We Wait*, written by a mother while she struggled through the process herself, is a hope-filled collection of reflections on the everyday, practical aspects of adoption but also offers a spiritual grounding for frustrated and stressed-out prospective parents. Topics addressed include:

- Adopting after Infertility
- The Paperchase
- Extended Family
- The Unknown "Due Date"
- Rude Strangers
- Living in the Present

Author Heidi Schlumpf adopted her first child internationally, but *While We Wait* is an essential spiritual and practical resource for all adopting parents, including men, singles, families with biological or other adopted children, or those adopting domestically.

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