



El síndrome de la oruga (Economía) (Spanish Edition)

Carlos Alonso

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¿Se puede pasar de tener una simple ocupación laboral a lograr la «felicidad profesional»? Carlos Alonso, todo un gurú en reinención laboral, con varios libros y numerosas conferencias sobre tema a sus espaldas, nos explica en esta obra, a través de su propia experiencia, cómo romper con la insatisfacción de nuestro día a día, ordenar nuestros pensamientos y comenzar un nuevo proyecto laboral. Para reinventarse hay que ser valiente y sincero con uno mismo. Hay que querer sacar todo el potencial que llevamos dentro y estar dispuesto a sacrificarnos por conseguirlo.

Si tienes un sueño profesional que aún no te has atrevido a hacer realidad; si deseas crear su propio negocio; si necesitas alcanzar la motivación en tu puesto de trabajo y aprovechar todo tu potencial, o necesitas buscar un nuevo empleo, este es tu libro. Un inspirador método que se convierte en alternativa a las técnicas habituales del coaching. Una historia que guarda ciertas similitudes con la metamorfosis de la oruga, que tras pasar por un proceso de cambios profundos logra ver la luz al final del túnel y convertirse en mariposa, un ser hermoso y capaz de volar libre.

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