



Ukutya Kwasekhaya: Tastes from Nelson Mandela's Kitchen

Xoliswa Ndoyiya, Anna Trapido

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A collection of favorite recipes by Nelson Mandela's personal chef, this book contains the food served to visiting heads of state, celebrities, and politicians for more than 20 years. Featuring some of the former South African president's favorite meals, including samp and beans, farm chicken, and tripe, this cookbook also features paella, peri-peri chicken, prawn curry, and a myriad of other delights. With simple, delicious, and nourishing recipes, it will interest those who wish to prepare meals that are both elegant and healthy. Handwritten notes from Mandela and Oprah Winfrey are also included.



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